

MAIN MENU

Please note: this is a sample menu and is subject to change at any time

BITES

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| Poole Bay Oysters with Shallot Vinegar & Lemon (GF) (DF) | 3 - £8.50 | 6 - £16.00 | 12 - £30.00 |
| La Marinara Olives (GF) (DF) (V) | | | £3.50 |
| Hummus with Toasted Flat Bread (DF) (V) | | | £3.50 |
| Bread Selection served with Olive Oil & Balsamic (DF) (V) | | | £3.50 |

SHARING

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| Baked Calvados Camembert with Crusty Bread (15 minutes cooking time) (V) | £13.50 |
| The "Haven" Salmon Platter Hot & Cold Smoked Salmon, Gravadlax with Horseradish Mayonnaise & Crusty Bread (DF) | (pp) £8.50 |

STARTERS

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| Soup of The Day served with Crusty Bread (V) | £6.50 |
| Rosary Goats Cheese Chargrilled Pear, Roast Celeriac & Hazelnut Salad (GF) (V) | £7.50 |
| Crispy Fried Whitebait with Tartare Sauce | £7.50 |
| Haven Moules with White Wine & Cream Sauce Crusty Bread (main served with fries) | Starter £12.50 Main £17.50 |
| Ham Hock & Gruyere Croquettes with Whole Grain Mustard Sauce | £7.50 |
| Smoked Mackerel Paté Served with Pickled Fennel & Cucumber | £7.50 |
| Scallops , Butternut Squash Puree, Pine Nut & Raisin Vinaigrette (GF) | Starter £10.00 Main £18.00 |

MAINS

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| 8oz Ribeye Steak with Watercress, Roasted Cherry Tomato, Fries & Peppercorn Sauce | £22.95 |
| Yellow Thai Fish Curry with Cod Cheeks, Prawns & Mussels served with Rice (GF) (DF) | £17.50 |
| Beef & Mushroom Stew with Mash Potato & Seasonal Vegetables (GF) | £16.50 |
| Pan Fried Fillet of Hake with Roasted Fennel & Pancetta Barley Risotto | £16.50 |
| Mushroom Risotto with Truffle Oil & Pine Nuts (GF) (V) | £16.00 |
| Haven Burger served in a Pretzel Bun with Emmental Cheese, Truffle Aioli, & Fries - add Bacon £1.00 | £16.00 |
| Fish & Chips with Crushed Peas & Bacon with Tartare Sauce | £16.50 |

SIDES

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| Fries (V) (DF) | £4.00 | Wild Rocket & Parmesan (GF) (V) | £4.00 |
| Mixed Salad (GF) (V) (DF) | £3.00 | New Potatoes (GF) (V) | £4.00 |
| Market Vegetables (GF) (V) | £4.00 | Crushed Peas with Bacon (GF) | £4.00 |

(GF) = Gluten Free (V) = Vegetarian (DF) = Dairy Free

Please talk to your server regarding any allergens or dietary preferences.
Dishes can be adjusted to be gluten free.